







BNC San Dieguito Chapter Study & Social Groups

2021-2022







Registration 2021-2022

Please check ✓ the groups you wish to attend and list the group numbers on your check.

\$20 each for your first 3 groups

-OR-

\$75 for an unlimited number of groups (4 or more)!

Please include an additional \$5 for #28.

✓		\checkmark	
	1. Best Sellers & American Culture		15. Historical Fiction
	2. Book Club for Men		16. Jewish-Themed Literature
	3. Books that Matter: The Federalist Papers		17. Jewish-Themed Films Discussion
	4. Bridge for Intermediate Players		18. Let's Get Out and Walk
	5. Canasta for Beginners		19. Mah Jongg for Beginners
	6. Canasta for Experienced Players		20. Mah Jongg for Experienced Players (in person)
	7. Classic & Contemporary Films Discussion		21. Mah Jongg <u>Online</u> for Experienced Players
	8. Contemporary Literature		22. Medical School for Everyone
	9. DayTimers with Congregation Beth Israel		23. Pickleball
	10. Field Trippers		24. Understanding the Mysteries of Human Behavior
	11. Friends Enjoying Food & Fun		25. Virtual Puzzles & Games
	12. Genealogy: Discovering Your Roots		26. Watercolor & Acrylic Painting
	13. Great Decisions		27. What's Cooking?
	14. Great Scientific Ideas that Changed the World		

The following group is \$25:

28. Great Conductors & Pianists

Amount enclosed \$_____

Please accept this donation in lieu of signing up for any study or social groups \$_____

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_____MOBILE PHONE_____

E-MAIL_

COUPLES REGISTERING FOR STUDY & SOCIAL GROUPS MUST <u>BOTH</u> BE PAID-UP MEMBERS OF BNC, AND EACH PARTICIPANT MUST PAY THE ENROLLMENT FEE AS INDICATED. NO REFUNDS. Please use the following link to become a member of the San Dieguito Chapter: http://brandeis.imodules.com/s/1614/supportIndex.aspx?sid=1614&gid=1&pgid=862

Register for groups by mail now!

Send this form, with a check payable to BNC, to Barb Howard, 1140 Pasadero Drive, Escondido, CA 92029 (barbarahoward@gmail.com 760-747-0303)

Brandeis Study & Social Groups: still the best value you can find for a year's entertainment and education, not to mention making friends and doing things with kindred spirits.
Do you know that David Lewis gives the exact same music course at a local community college for \$75, making our \$25 fee quite a bargain?
Whether professionals or not, all our Study & Social Group leaders are just phenomenal!

Brandeis Study & Social Groups 2021–2022

1. BESTSELLERS & AMERICAN CULTURE (NEW!)

3rd Thursday

10:00 - 11:30 a.m.

Via Zoom or Seacrest

Group will start meeting in October.

The bestsellers you've grown up with are a treasure trove of revealing information about American culture of the time. Among the books we'll cover are *Peyton Place* (yes, that book), *The Godfather, Gone with the Wind*, and *Native Son*. No matter how much or how little of the book you read, you're bound to have lots to contribute to the conversation. Since the movie versions are very well-known as well, they too will contribute to our discussions on popular culture and how it has and continues to change. If you read these books a while ago in a different stage of your life, you'll be amazed what a new reading will reveal about American culture and likely about yourself. **Coordinator: Stan Schatt**

Note: If Seacrest is available, members will have the option to attend in person.

2. BOOK CLUB FOR MEN (NEW!)

Day, time, & location to be determined among participants

Group will start meeting in October.

Men read too! Each participant will choose a book and lead a discussion. Books may include, but are not limited to, the following genres: historical fiction, science fiction, biographies, action and adventure, thriller and suspense, and Jewish themes.

10:00 - 11:30 a.m.

3. BOOKS THAT MATTER: THE FEDERALIST PAPERS (NEW!)

1st Wednesday

Group will start meeting in November.

Despite their lack of official or legal status, it would be difficult to overstate the influence of *The Federalist Papers*. These 85 brilliant essays have served as the single most important guide to the interpretation and application of the United States Constitution for more than 230 years. Authored by Alexander Hamilton, James Madison, and John Jay, *The Federalist Papers* offer a detailed blueprint for building a successful democratic republic. Over the past two centuries, the American government has seen its share of trials and tribulations, and the 21st century has ushered in a host of new crises, from the growing surveillance state to the political polarization exacerbated by social media. By the end of this course, you will gain a sense of what Hamilton, Madison, and Jay might make of America today and what *The Federalist Papers* might be able to teach us to solve the problems of today—and tomorrow. **Coordinator: Susan Bauer**

4. BRIDGE FOR INTERMEDIATE PLAYERS (NEW!)

2nd Thursday

Group will start meeting in October.

Interested in exercising your brain while having fun doing so? This group is for those who have a basic knowledge of playing bridge. We will play three rounds of bridge, so each player can play with the others. If you enjoy mental stimulation in a relaxed social environment with like-minded individuals, this group is for you. **Coordinator: Linda Levine**

5. CANASTA FOR BEGINNERS (AND FOR THOSE WHO NEED A REFRESHER)

Fridays

1:00 - 2:30 p.m.

Location to be determined among participants

Location to be determined among participants

Group will start meeting in October.

Learn to play canasta! This game is played with four people (two "partnerships"). You will get a book explaining the rules and strategies to help you until you feel you "know it all," and then just as a refresher whenever you need it. It doesn't take as long to learn as bridge, but the more you play, the more you'll understand the strategy that will make you, and your partner across the table, winners! You do not have to bring your own partner. The group will meet once a week at a location to be determined among participants. **Coordinator: Barb Howard**

6. CANASTA FOR EXPERIENCED PLAYERS (NEW!)

1st Thursday

Location to be determined among participants

Group will start meeting in October.

If you know how to play canasta, come join this group and meet other members. Participants will take turns hosting and choosing a location, either in someone's home or at a local coffee shop. **Coordinator: Barb Howard**

1:00 - 3:00 p.m.

Via Zoom

1:30 - 3:30 p.m.

7. CLASSIC & CONTEMPORARY FILMS DISCUSSION

1st Monday

Group will start meeting in November.

Each month we will select a classic or contemporary film from members' suggestions, watch it on our own, and meet via Zoom for a fun and lively discussion. **Coordinator: Iris Kanter**

8. CONTEMPORARY LITERATURE

2nd Monday

Group will meet year-round starting in September.

Contemporary Literature participants are serious readers who regard their literary choices as a challenge. Often the books are by prize-winning authors and are sometimes on difficult subjects, but we find those often make for the best discussions. Members take turns serving as facilitators. All participants are welcome to stay for a casual lunch afterwards at Mel's Coffee Shop when we meet at Seacrest. Coordinator: Elaine Eisenberg

Note: If Seacrest is unavailable, this group will meet via Zoom.

9. DAYTIMERS WITH CONGREGATION BETH ISRAEL

3rd Thursday (dates below)

This year our partnership with Congregation Beth Israel and the DayTimers speakers' series will be a hybrid between meeting in person and via Zoom. **Coordinators: Gayle Wise and Judith Winter**

October 21 Stan Schatt – "Man-Woman-Life-Death-Infinity: A Journey Through Space & Time

Join Dr. Stan Schatt on a journey through time and space as he looks at how humanity is evolving and where it likely is headed. What exactly makes us human? From the Neanderthals, our ancient relatives huddled around a fire, through our people living in ancient Egypt and the Middle Ages, and ultimately to our distant relatives in the far future who might even be unrecognizable by our current standards, Schatt offers evidence from archaeology, anthropology, genetics, history, philosophy, theology, technology, and even science fiction. Who knew that learning about humanity could be so much fun!

November 18 Guri Stark – "M. C. Escher: Mind-bending, Mathematically-Inspired Art

"He was a one-off, the greatest one-off in twentieth century art." His art works are some of the most familiar images in modern art. His images were reproduced countless times on posters, mugs, T-shirts, stationary...Yet most of us really know very little about M. C. Escher. A genius artist, a one-man art movement. A man with keen observation skills who created visual riddles and optical curiosities. A man who through his art represented the infinite, the optical illusions, the metamorphosis, and the impossible – all realized by amazing optical tricks.

10. FIELD TRIPPERS

4th Wednesday

Group will start meeting in October.

So many fun and fabulous things to do around the San Diego area, and we never seem to find the time. Come join this casual, social group and visit a new place to explore each month throughout the year. This group is meant to get you out, stretch your legs, meet new people, and see new things. **Coordinator: Iris Kanter**

11. FRIENDS ENJOYING FOOD & FUN

Dates, times, & locations will vary monthly depending on availability of participants & the activity (probably Saturday evenings, Sunday afternoons, or Sunday evenings)

Group will start meeting in October.

We will be meeting once a month and enjoy a variety of fun activities together. From going out to dinner and doing an escape room to going wine tasting and listening to music, the possibilities to share fun adventures together are endless. Participants will take turns planning a weekend event. If you are looking to meet other active people and make new friends, this is a perfect social group for you. **Coordinator: Iris Kanter**

12. GENEALOGY: DISCOVERING YOUR ROOTS (NEW!)

Tuesdays, 1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22

To trace your ancestral roots is to take part in an exciting detective story; one that asks you to rebuild the past from oral tradition, written records, and artifacts, such as family photographs. This course will combine lecture and hands on exercises, and you'll learn the same skills and methodologies the experts use to solve genealogical mysteries and create compelling nonfiction narratives about the past. The course will provide you with smart and savvy ways to find—and use—the most helpful online and print resources available today. So, grab that old photograph, sit down with a relative, comb through old files and records, and prepare to embark on a personal adventure that can dramatically reshape how you think about your past—and yourself. Ability to be able to use an internet browser will be helpful in conducting online research. Coordinator: Carol Robinson

10:00 - 11:30 a.m.

Via Zoom

Early Afternoons

Places vary monthly

Temple Beth Israel or Via Zoom

Seacrest or Via Zoom

10:00 - 11:30 p.m.

1:30 - 2:30 p.m.

10:00 - 11:30 a.m.

Via Zoom

13. GREAT DECISIONS 3rd Wednesdav

Group will start meeting in October.

Have you ever wished you really had an in-depth understanding of the major global political issues of the day? In addition to the incredible briefing book by the Foreign Policy Association which is full of valuable information, the instructor will provide additional up-to-the-minute material. Participants may read as little or as much as they wish and still find the sessions very stimulating. Topics covered during the course this year will include artificial intelligence, the problems with today's global supply chain, Persian Gulf security, the Arctic, etc. This course includes a short presentation streamed online at each meeting which will act as the basis for lively discussions. Coordinator: Stan Schatt

Note: If Seacrest is available, members will have the option to attend in person.

14. GREAT SCIENTIFIC IDEAS THAT CHANGED THE WORLD (NEW!)

2nd Wednesday

Group will start meeting in October.

Why has science dramatically altered how we live and how we think about ourselves? What is the greatest scientific idea of all time? In this course we will be exploring scientific ideas that have helped form the foundation of modern life. We know that science has changed our lives—but how it does so, and why it is able to do so, tells us as much about ourselves as it does about science. Each class will highlight a single idea critical to the development of science. We will not only look at the content of the idea that is fundamental for science, but also how that idea arose and what its impact has been throughout the centuries. Come join us and learn how scientific ideas have affected our society and culture in ways no one could have imagined.

Coordinators: Iris Kanter & Carol Robinson

15. HISTORICAL FICTION

4th Tuesdav

Group will meet year-round starting in October.

If you enjoy learning about history through novels, this group is for you. We'll be reading books in which a story is set in the past and borrows characteristics of the time period, but is about fictional characters and, in some cases, events. Barb has put together an extensive list of books to choose from and will be mailing the participants links that detail reviews, awards, and descriptions for each suggested title. At our first meeting in October, we'll vote for the books to be read and discussed throughout the year. Members take turns serving as facilitators. We have been fortunate to have authors join our Zoom discussion occasionally. **Coordinator: Barb Howard**

16. JEWISH-THEMED LITERATURE 3rd Wednesday

Group will start meeting in October.

If you're interested in reading about Jewish-themed literature, this group is for you. We'll be reading about all things Jewish, including, but by no means limited to:

- Fiction relating to Jewish themes/topics •
 - Non-fiction relating to Jewish history, culture, and religion
- Fiction and non-fiction written by Jewish and/or Israeli authors on any topic

10:00 - 11:30 a.m.

We will be reading and discussing the literature selected by the participants and look forward to lively discussions via Zoom. We have been fortunate to have authors join our Zoom discussion occasionally. Coordinator: Iris Kanter

17. JEWISH-THEMED FILMS DISCUSSION

4th Wednesday

Group will start meeting in October.

There are so many outstanding films that examine Jewish history, heritage, and culture. Each month, the participants will view a film before we meet on Zoom to discuss the plot, characters, setting, and events. Films selected will include mainstream and independent films, documentaries, plus some surprises. Some films may be on Netflix, Amazon Prime, or YouTube depending on what the participants have available. Coordinator: Myrna Gale

18. LET'S GET OUT & WALK 1st Friday

Group will start meeting in October.

There are so many great places for your paces around San Diego County! Come join this casual social group, stretch your legs, make new friends, and walk. If you like, stay for a casual lunch at a nearby restaurant. Coordinator: Becky Thien

10:00 - 11:30 a.m.

10:00 - 11:30 a.m.

Via Zoom

Via Zoom

Via Zoom

1:00 - 2:30 p.m.

10:00 - 11:30 a.m.

1:00 - 2:30 p.m.

Via Zoom

Locations will vary throughout San Diego County

Via Zoom or Seacrest

19. MAH JONGG FOR BEGINNERS (AND FOR THOSE WHO WANT A REFRESHER)

1:00 - 3:00 p.m.

1:00 - 3:00 p.m.

1st, 2nd, & 3rd Tuesdays

Group will start meeting in October.

Learn to play Mah Jongg in just six sessions! Mah Jongg is a tile-based game that was developed in China and has spread throughout the world since the early 20th century. It is commonly played by four players and is a game of skill, strategy and calculation, and also involves a degree of chance. Once everyone is comfortable playing, participants can continue playing with each other. **Coordinator: Linda Epstein**

20. MAH JONGG FOR EXPERIENCED PLAYERS (NEW!)

1st Wednesday

Group will start meeting in October.

If you know how to play Mah Jongg, come join this group and meet other members. Participants will take turns hosting and choosing a location, either in someone's home or at a local coffee shop. **Coordinator: Iris Kanter**

21. MAH JONGG ONLINE FOR EXPERIENCED PLAYERS

Mondays 1:00 - 2:30 p.m. Online (computer or tablet with WiFi) and phone to chat while playing

Group will play online starting in October.

This group will play online while being connected via phone or Zoom. Come join us and play in a friendly, stress-free atmosphere. Participants must have access to a computer or tablet with WiFi to play. **Coordinator: Iris Kanter**

22. MEDICAL SCHOOL FOR EVERYONE - EMERGENCY MEDICINE

2nd Friday

10:00 - 11:30 a.m.

Via Zoom or Seacrest

Group will start meeting in October.

The doctor is in! Dr. David Guss, a retired emergency physician, will use a video as a starting point and offer an opportunity for interactive exchange among participants. This study group is intended to increase your understanding of how doctors diagnose and treat diseases and how you can improve your own health by being an active and informed patient.

Coordinator: Dr. David Guss

Note: If Seacrest is available, members will have the option to attend in person.

23. PICKLEBALL (NEW!)

3rd Friday

Group will start meeting in October.

Looking for a fun way to get healthy? Join us for a game of pickleball! It's super easy to learn! This sport is a combination of tennis, badminton, and ping-pong. On a court much smaller than a tennis court, paddles are used to hit a whiffle type ball over a net lower than a tennis net. Good exercise, tons of fun, and lots of laughs! No experience necessary. Coordinator: Iris Kanter

24. WHY DID I DO THAT? UNDERSTANDING THE MYSTERIES OF HUMAN BEHAVIOR (NEW!)

Tuesdays, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/2310:00 - 11:30 a.m.Via Zoom or SeacrestJoin us while we explore why we do the things we do. Where do people's personalities come from? How can siblings be so
different? What makes relationships successful or fail? How much do men and women really differ? Why do we forget? And, that's
just for starters. Leading us through this adventure will be Dr. Mark Leary, a renowned Professor of Psychology and Neuroscience
at Duke University.Coordinator: Herschel Kaufman

Note: If Seacrest is available, members will have the option to attend in person.

4:00 - 5:30 p.m.

25. VIRTUAL PUZZLES & GAMES

2nd Monday

Group will start meeting in November.

Meet new people and have fun socializing while tackling a different puzzle or game each month. Among the games we will play include: Scattergories, Taboo, Balderdash, Code Names, Trivia, Skribble.io, Scavenger Hunt, and Escape Room. We'll be sure to have a lot of fun and laughter while playing! Coordinator: Iris Kanter

Carlsbad Foothills Community Courts

Via Zoom

10:00 - 11:30 a.m.

Linda Epstein's home (Carlsbad)

Locations to be determined among participants

26. WATERCOLOR & ACRYLIC PAINTING (NEW!)

4th Friday

Group will start meeting in October.

Open yourself to discovering the joy of watercolor media and drawing in a friendly, supportive atmosphere. All water mediums are welcome, including watercolor, gouache, tempera, and acrylic paints. Each class will begin with a short right-brain drawing exercise meant to expand your skills in eye/hand coordination and concepts of line, space, and composition. All levels are welcome. Materials are not included in the cost of this course and a list of supplies to purchase will be provided upon signing up. **Coordinator: Diana Finkelstein**

27. WHAT'S COOKING? (NEW!)

4th Thursday

Group will start meeting in October.

We will have fun visiting in each other's homes and watching each other cook their favorite recipes. After the cooking demonstration, we will be able to taste the delicious creations! We look forward to a wonderful year of cooking and eating! **Coordinator: Sharon Kroopkin**

28. GREAT CONDUCTORS & PIANISTS - with DAVID LEWIS (NEW!)

3rd Monday

10:00 - 11:30 a.m.

10:30 a.m. – 12:00 p.m.

Via Zoom or Seacrest

Group will start meeting in October.

This season we will feature video clips of terrific performances of great and wonderful music with discussion and comparison following. The online YouTube sharing allows us to see the world's famous directors and performers up close and personal, an experience we do not get either in the concert hall or by listening to recordings. Conduction and playing styles are fascinating to watch and compare. Come join us for a fabulous experience! Coordinators: David Lewis and Bea Sklarewitz

Note: If Seacrest is available, members will have the option to attend in person.



Coordinators will remind participants by email of the dates the groups will meet.

Not on Calendar:

- **Book Club for Men** will meet once a month. Day, time, and location to be determined by participants.
- Friends Enjoying Food & Fun will meet once a month. Day, time (Saturday evenings or Sundays), and locations to be determined by participants.

Study & Social Group Co-Chairs:

•	In-person groups:	Myra Brand, 516-650-9776, <u>myrabrand@gmail.com</u>
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Zoom groups: Iris Kanter, 847-912-8739, irisnk@comcast.net Carol Robinson, 510-406-0559, carol@caroljoyrobinson.com

> Note: All attendees to in-person groups must be fully vaccinated to participate. Proof of vaccination will be required to attend study and social groups at Seacrest.

Diana Finkelstein's home (Escondido)

Locations to be determined among participants

10:00 - 11:30 a.m.

Brandeis Study & Social Groups 2021–2022

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Week	Classic & Contemporary Films Discussion 10:00 - 11:30 am Iris Kanter	Understanding the Mysteries of Human Behavior October & November 10:00 - 11:30 a.m. Herschel Kaufman	Books that Matter: The Federalist Papers 10:00 - 11:30 a.m. Susan Bauer		<i>Let's Get Out & Walk</i> 10:00 - 11:30 a.m. Becky Thien
	Mah Jongg Online for Experienced Players 1:00 - 2:30 p.m. Iris Kanter	Genealogy January & February 10:00 - 11:30 a.m. Carol Robinson Beginning Mah Jongg 1:00 - 3:00 p.m. Linda Epstein	Mah Jongg for Experienced Players 1:00 - 3:00 p.m. Iris Kanter	Canasta for Experienced Players 1:00 - 3:00 p.m. Barb Howard	Canasta for Beginners 1:00 - 2:30 p.m. Barb Howard
2 nd Week	Contemporary Literature 10:00 - 11:30 a.m. Elaine Eisenberg Mah Jongg Online for Experienced Players	Understanding the Mysteries of Human Behavior October & November 10:00 - 11:30 a.m. Herschel Kaufman Genealogy	Great Scientific Ideas that Changed the World 10:00 - 11:30 a.m. Iris Kanter & Carol Robinson		<i>Medical School</i> <i>for Everyone</i> 10:00 - 11:30 a.m. Dr. David Guss
	1:00 - 2:30 p.m. Iris Kanter Virtual Puzzles & Games 4:00 - 5:30 pm Iris Kanter	January & February 10:00 - 11:30 a.m. Carol Robinson Beginning Mah Jongg 1:00 - 3:00 p.m. Linda Epstein		Bridge for Intermediate Players 1:30 - 3:30 p.m. Linda Levine	Canasta for Beginners 1:00 - 2:30 p.m. Barb Howard
3 rd Week	Great Conductors & Pianists with David Lewis 10:00 - 11:30 a.m. David Lewis & Bea Sklarewitz	Understanding the Mysteries of Human Behavior October & November 10:00 - 11:30 a.m. Herschel Kaufman	<i>Great Decisions</i> 10:00 - 11:30 a.m. Stan Schatt	Best Sellers & American Culture 10:00 - 11:30 a.m. Stan Schatt	<i>Pickleball</i> 10:00 - 11:30 a.m. Iris Kanter
	Mah Jongg Online for Experienced Players 1:00 - 2:30 p.m. Iris Kanter	Genealogy January & February 10:00 - 11:30 a.m. Carol Robinson Beginning Mah Jongg 1:00 - 3:00 p.m. Linda Epstein	<i>Jewish-Themed</i> <i>Literature</i> 1:00 - 2:30 p.m. Iris Kanter	DayTimers 1:30 - 2:30 p.m. Oct. 21 & Nov. 18 Gayle Wise & Judith Winter	Canasta for Beginners 1:00 - 2:30 p.m. Barb Howard
4 th Week	BNC Board Meeting 10:00 a.m. Mah Jongg Online for Experienced Players 1:00 - 2:30 p.m. Iris Kanter	Understanding the Mysteries of Human Behavior October & November 10:00 - 11:30 a.m. Herschel Kaufman Genealogy	<i>Jewish-Themed</i> <i>Films Discussion</i> 10:00 - 11:30 a.m. Myrna Gale	<i>What's Cooking?</i> 10:30 a.m 12:00 p.m. Sharon Kroopkin	Watercolor & Acrylic Painting 10:00 - 11:30 a.m. Diana Finkelstein
	nis Kanter	January & February 10:00 - 11:30 a.m. Carol Robinson <i>Historical Fiction</i> 1:00 - 2:30 p.m. Barb Howard	Field Trippers Early Afternoons Iris Kanter		Canasta for Beginners 1:00 - 2:30 p.m. Barb Howard